

**NOTIFICATION PURSUANT TO**  
**SECTION VI OF DSHEA**

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider Dynamic Muscle Builder, Products #50063, #50623 & #50070** bearing the statement(s) set out below:

**Weider Nutrition International Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure/function claim is as follows:

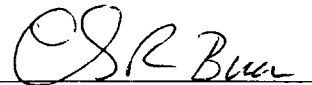
- (Statement 1) Each great tasting, easy-to-mix Dynamic Muscle Builder shake comes complete with 150 [160] nutrient-packed calories, perfect as a post-workout supplement or as an extra source of essential nutrients.
- (Statement 2) Whey for its rapid release of amino acids. Casein, for it's sustained release. In other words, Dynamic Muscle Builder is a complete source for all of your protein needs.
- (Statement 3) Protein and amino acids are necessary to help build and repair body tissues including muscles. Dynamic Muscle Builder provides the high quality protein, essential amino acids and energy packed carbohydrates that the body requires to support lean body tissue.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 2004

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research

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